

# SUGGESTED SHOPPING LIST TO START THE WEEK

## the basics

- washing machine detergent -- (detersivo per lavatrice)
- sponges (spugne)
- dishwashing soap -- for hand washing (sapone per piatti)
- large trash/rubbish bags (sacchi per la spazzatura)
- extra toilet paper (carta igienica)
- paper towels (scottex)
- paper napkins (tovaglioli di carta)
- aluminium foil or plastic wrap (alluminio -or- domopac)
- charcoal slack (carbonella) if you don't want to use wood for barbecue
- matches (fiammiferi)

**although the villa's kitchen is fully equipped, there may be times when you simply do not want to wash up after everyone, so I also suggest bringing**

- plastic plates (piatti di plastica)
- plastic cups (bicchieri di plastica)
- plastic cutlery (posate di plastica)

## these are food items that are good to have on hand to start the week

- a few cartons of non-refrigerated milk (latte)
- juice (succo)
- wine, soft drinks, bottled water (succo, bibite, acqua)
- coffee grounds -- for percolators (caffè macinato per la moka)
- tea (tè)
- sugar (zucchero) salt (sale)
- bread (pane) crackers, munchies, etc (crackers, stuzzichini, etc)
- cereals (cereali)
- pre-packaged pastries (paste)
- pasta, of course! – (pasta)
- olive oil / butter (olio di oliva, burro)
- cheese (formaggio)
- canned tomatoes / beans / tuna (pomodori pelati, fagioli, tonno)
- fresh vegetables -- potatoes, onions, tomatoes, garlic, lettuce, carrots, etc – (verdura – patate, cipolle, pomodori, aglio, insalata, carote, ecc...)
- meat (carne)